

Neighbourhood

News

Issue 4, 2025 Mairehau & St Albans Community Update

We are back with our final issue of the Neighbourhood News for 2025.

As we start heading towards the end of the year, we would like to take some time to update you on some exciting news from the past month. In our previous issue of the Neighbourhood News, we shared that Don Benn, one of our Community Development Workers had been selected as a finalist in the Westfield Local Hero Awards. We can now announce that Don has been granted \$5000 to support his Initiatives at the Neighbourhood Trust. We want to express our gratitude to Westfield for the opportunity to be involved and to all who voted for their Local Hero.

Congratulations to all finalists of the Westfield Local Hero Awards.

Kia ora koutou katoa

WHY YOUR LETTER BOX?

Kia ora Neighbours, We are delivering the Neighbourhood News to letterboxes in our community that are not marked "No Commmunity Newspapers" or similar. However, you can contact us at **comms@nht.org.nz** if you do not want to receive further publications.



NHT News

Looking back at Light Party

Light Party was a blast, and we are incredibly happy to have connected with so many members of our community. We always strive to help whānau and friends have a great evening, so it was a pleasure to see so many people working together to find all the fairy

boxes in our scavenger hunt. It was our first year running the Best Dressed Teddy Competition and trust us it was a hard decision. There were 6 entries that were colourful, cuddly, well looked after and who have some amazing friends that look after them. We did eventually have a winner but in the end, they were all simply spectacular.

Of course, we also had lots of inflatables to play on, crafts to make, yummy food, outdoor games, mini jeeps, dunking machine, face painting and balloon animals.

We want to express a massive thank you to everyone who came along and of course to all our funders for helping us to provide this fun event. We can't wait for next year!

Thank you to our Volunteers

The end of the year is almost here, and we really need to say a massive thank you to all the volunteers who have supported us this year. It sounds

like a broken record but to express our thanks is something that we can't stop saying. Our organisation relies on volunteers to help our Initiatives run smoothly and every day there is a group ready to do their best for the NHT and our community. This was especially evident in our recent Light Party in which they helped make our team even stronger. With the Christmas season approaching we can't wait to give back to our volunteers and acknowledge the time they have spent working with us this year.

To our amazing volunteers thank you and we can't wait to celebrate your hard work.

A special thank you to the funders of Neighbourhood Trust.

















End of 2025 Dates

- Foot Clinic, Golden Connections
 Monday Mornings, By Appointment
 Foot Clinic will finish on the 8th of December 2025 and will restart on the 26th of
 January 2026, Bookings Essential. Contact Don I M: 027 956 9202
- Strength & Balance, Golden Connections
 Fridays, 1pm 2:30pm
 Strength & Balance will finish on the 19th of December 2025 and will restart on the 16th of January 2026.
- Women's Connections

Tuesdays 12pm-2pm

Women's Connections will finish on the 16th of December 2025 and will return on the 27th of January 2026.

Initiatives in 2026

Neighbourhood Cook

The Basics of Cooking pt 2: 2nd of February, 11am.

These basic cooking sessions will start with simple dishes and progress over future sessions. You will learn how to plan & prepare a meal and gain other tips.

Contact Jan I M: 027 710 0022

Tuning Into Kids

Next course starting 16th of February and running for 6 weeks, 9:30am-11:30am.

This programme focuses on strengthening the connection between parents/caregivers and their kids. When kids and parents develop skills in effectively communicating, family relationships are stronger.

Contact Jan I M: 027 710 0022

CAP Money Course: See our website for Term 1 course dates. W: nht.org.nz

Please Note:

The Neighbourhood
Trust will be closing on
the **19th of December 2025** and will reopen on
the **13th of January 2026**. This means **all**our Initiatives will be
unavailable during this
time.

We wish you and your Whanau a restful and blessed break over the festive period.



Regular Neighbourhood Activities



WEEKLY

GOLDEN ACTIVITY

Mondays - Time Varies

Social events and services for over 65 year olds, including Foot Clinic, meals, trips, movies and much more. *Contact Don for a programme, M:* 027 956 9202 *E:* golden@nht.org.nz

KAI SUPPORT

Wednesdays 12:30 - 2:30pm, Whānau Centre Kai Support is available for households in the local area who need some assistance. Visit nht.org.nz and click on "Request Kai Support". Bookings Essential. Contact Sarah,

E: operations@nht.org.nz *M*: 027 710 0042

OSCAR Before & After School Care

Monday-Friday 7:30-9am & 3-6pm

Holiday Programme

8am-5:30pm School Holidays

Contact Roana, E: childrens@nht.org.nz

TERMLY

CAP Money Course

A revolutionary, free money management course that teaches people budgeting skills and a simple, cash-based system that really works.

Contact Jan.

E: cdw@nht.org.nz M: 027 710 0022

WOMEN'S CONNECTIONS

Tuesdays 12-2pm, 64 McFaddens Rd

Each week we have a lot of fun together as we enjoy a simple meal, along with a creative activity, visiting speaker or outing. Come and join us! **Contact Jan,**

E: cdw@nht.org.nz M: 027 710 0022

MAIREHAU NEIGHBOURHOOD GARDEN

Thursdays 10am - 12pm, 64 McFaddens Rd All are welcome to come and work in our garden. Check Facebook @NHTGarden for any changes to work times. Contact Don, E: community@nht.org.nz M: 027 956 9202

STRENGTH & BALANCE CLASS

1pm every Friday, 64 McFaddens Rd

A low impact circuit class for ages 65+ Finishes with a cuppa. \$2 donation.

Contact Sarah.

Game On!

Parenting Course for Dads (6 weeks) Game On! seeks to support men by promoting active and involved fathers and providing a space to discuss the skills needed to be a better Dad.

Contact Don for dates.

E: community@nht.org.nz M: 027 956 9202

Tuning Into Kids

This programme focuses on strengthening the connection between parents/caregivers and their kids. When kids and parents develop skills in effectively communicating about emotions, family relationships are stronger. *Contact Jan, E*: cdw@nht.org.nz *M*: 027 710 0022