



Neighbourhood News

Issue 3, 2025

Mairehau & St Albans Community Update

Don Benn, one of our Community Development Workers, has been selected as a finalist for the Westfield Local Hero Awards. This award shines a spotlight on individuals in Australia and New Zealand who make a positive impact in their local community or environment. Community voting opened on the 19th of August and now you get the chance to vote for your local hero. Take a peek at westfield.co.nz/local-heroes to find out about the finalists, how to vote and to stay up to date with announcements. However, you can also check out our Facebook [@NeighbourhoodTrust](https://www.facebook.com/NeighbourhoodTrust) as we try our best to share about this amazing award with our wider community.

Did you know that Don is an incredible multi-tasker? He oversees our Golden Connections Programme for over 65's, Game On! Parenting Course for Dads, operation of the Mairehau Neighbourhood Garden, Kai Support and Support for Men.

Kia ora koutou katoa

WHY YOUR LETTER BOX?

Kia ora Neighbours, We are delivering the Neighbourhood News to letterboxes in our community that are not marked "No Community Newspapers" or similar. However, you can contact us at comms@nht.org.nz if you do not want to receive further publications.

Brought to you by Neighbourhood Trust;
the community arm of St Albans Baptist Church
nht.org.nz @NeighbourhoodTrust



Neighbourhood
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NHT Business Sponsorship

Are you a business owner or do you work for a business that would like to give back to the Mairehau and St Albans Community?

NHT is very appreciative of our funders (please see below) for their financial support. However, to continue to further meet the needs and challenges our community faces, we would like to connect with like minded businesses in Christchurch who would be keen to sponsor one of our Initiatives for a week, a month or a year.

Our Initiatives provide a wrap around service and are stepping stones that help guide whānau through challenging times. Below are some of our initiatives.

Kai Support

Our weekly foodbank for the Mairehau and St Albans community. From here NHT offers wrap around services to meet other needs in the community.

Women's Connections

This weekly group is run by women for women to facilitate social connections in our community, learn new skills and build self-confidence.

Neighbourhood News

Our free quarterly community newsletter delivered to around 3000 homes in Mairehau and St Albans. It's packed with local activities, programmes and more.

The Neighbourhood Cook

These cooking classes throughout the year teach practical skills to cook tasty, nutritious and cost-effective meals.

Parenting Courses

Every term NHT runs Tuning Into Kids and Game On! Our Community Development Workers also walk alongside parents and caregivers as they navigate the parenting journey.

Neighbourhood Garden

Our garden is a shared space for our community to experience the joys of gardening. It also provides fresh produce for Kai Support.

Golden Connections

Our social programme for over 65s. It's an ideal place to make new friends and have some fun doing a range of activities. We also run a weekly Strength and Balance class.

If you or someone you know is interested in helping us on this journey, we would love to hear from you. **Contact Ruth / E: manager@nht.org.nz Contact Angela / P. 027 487 0587**

A special thank you to the funders of Neighbourhood Trust.

Christchurch
City Council



MINISTRY OF SOCIAL
DEVELOPMENT
TE MANATŌ WHAKAHIAŌ ORA

COGS
Community Organisation
Grants Scheme

The Tindall Foundation
Contributing to a stronger New Zealand

Rātā
Foundation

Lottery Grants Board
FUNDS FOR YOUR
COMMUNITY

St Albans
Baptist Church
Jesus Gives Real Life

Upcoming Event: Light Party

It's that time of year again, our Light Party is once again running on the 31st of October at 64 McFaddens Rd. Come along and join the community for an evening full of creative, energetic and amusing activities. This truly is a fantastic opportunity for whānau and friends to get together and connect through our Scavenger Hunt, Crafts, Black Light Disco, Go Carts, Face Painting, Dunking Machine, Inflatables, Sausage Sizzle and much more.

This year we also have a new competition, Best Dressed Teddy! We encourage you to bring along a soft toy to see how it glows under the blacklight. Bonus points if the toy is dressed up in a creative costume.

We hope to see you there so try your best to remember that the Light Party is on the **31st of October** at 64 McFaddens Road.

Community Craft Group

Bring your own project or try one of the activities provided. Running from **1-3pm** at **64 McFaddens Road on Saturdays: 4th of October & 22nd of November**. Afternoon tea is provided, and a gold coin donation is appreciated.

OSCAR Position Available: Driver

We are currently looking for a positive, highly motivated and energetic person to join our awesome team. We seek someone who is good with children and enjoys driving a minibus. A current NZ Full Drivers Licence is essential.

If this sounds like you and you would like to join our team, please email for an application form: **Roana / E: childrens@nht.org.nz**

Light PARTY

Free, Family Event
4.30pm-7.00pm

31st of October
St Albans Baptist Church
64 McFaddens Road

Disco | Sausage Sizzle | Face Painting | Inflatable
Playground | Live Entertainment | Finger Food | &
More!



Neighbourhood Cook

We have 2 more courses that will be running over the next few months.

- The Basics of Cooking: 8th of September.**
These basic cooking sessions will start with simple dishes and progress over future sessions. You will learn how to plan & prepare a meal and gain other tips.
- Garden to Plate, Tomatoes: 9th of October.**
Don saved some tomatoes from the community garden earlier in the year, so we'll make tomato soup and some garlic bread to go along with it. Use some simple ingredients to create a hearty winter lunch.

Contact Jan / M: 027 710 0022

Contact Don / M: 027 956 9202

All courses are running at 64 McFaddens Rd from **11am to 1pm**.

Regular Neighbourhood Activities



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Trust

WEEKLY

GOLDEN ACTIVITY

Mondays - Time Varies

Social events and services for over 65 year olds, including Foot Clinic, meals, trips, movies and much more. **Contact Don for a programme,**
E: 027 956 9202 **E:** golden@nht.org.nz

KAI SUPPORT

Wednesdays 12:30 - 2:30pm, Whānau Centre

Kai Support is available for households in the local area who need some assistance. Visit **nht.org.nz** and click on "Request Kai Support".
Bookings Essential. Contact Sarah,
E: operations@nht.org.nz **M:** 027 710 0042

OSCAR Before & After School Care

Monday-Friday 7:30-9am & 3-6pm

Holiday Programme

8am-5:30pm School Holidays

Contact Roana, E: childrens@nht.org.nz

TERMLY

CAP Money Course

A revolutionary, free money management course that teaches people budgeting skills and a simple, cash-based system that really works. **Next course starting Tuesday 16th of September. Contact Jan,**
E: cdw@nht.org.nz **M:** 027 710 0022

Tuning Into Kids

This programme focuses on strengthening the connection between parents/caregivers and their kids. When kids and parents develop skills in effectively communicating about emotions, family relationships are stronger. **Next course starting 14th of October. Contact Jan, E:** cdw@nht.org.nz **M:** 027 710 0022

WOMEN'S CONNECTIONS

Tuesdays 12-2pm, Whānau Centre

Each week we have a lot of fun together as we enjoy a simple meal, along with a creative activity, visiting speaker or outing. Come and join us! **Contact Jan,**
E: cdw@nht.org.nz **M:** 027 710 0022

MAIREHAU NEIGHBOURHOOD GARDEN

Thursdays 10am - 12pm, McFaddens Centre

All are welcome to come and work in our garden. Check **Facebook @NHTGarden** for any changes to work times. **Contact Don,**
E: community@nht.org.nz **M:** 027 956 9202

STRENGTH & BALANCE CLASS

1pm every Friday, McFaddens Centre

A low impact circuit class for ages 65+
Finishes with a cuppa. \$2 donation.

Contact Sarah,

E: operations@nht.org.nz **M:** 027 710 0042

Game On!

Parenting Course for Dads (6 weeks)

Game On! seeks to support men by promoting active and involved fathers and providing a space to discuss the skills needed to be a better Dad.

Contact Don for dates,

E: community@nht.org.nz **M:** 027 956 9202