



# Neighbourhood News

Issue 2. 2025

Mairehau & St Albans Community Update

Welcome to the second issue of the Neighbourhood News for 2025! The colder months bring a sense of peacefulness to the NHT office with staff continuing with their everyday initiatives. These initiatives are located at the back of this newsletter, and we encourage you to reach out if you are interested in attending. During these cold months it can be a tough decision to venture out the door, but we always strive to make sure our Initiatives are a warm, friendly and comfortable atmosphere for our community. From social events for our Golden Community, CAP Money Course and Game On! (Dads Parenting Course) we hope that there is something that peaks your interest. We specifically wanted to highlight our Golden Connections Programme for over 60s, which has some amazing events planned for June and July. If you know someone that might be interested, please pass this newsletter on as Golden Connections is truly a great way to connect with others and have some fun.

#### WHY YOUR LETTER BOX?

Kia ora Neighbours, We are delivering the Neighbourhood News to letterboxes in our community that are not marked "No Community Newspapers" or similar. However, you can contact us at [comms@nht.org.nz](mailto:comms@nht.org.nz) if you do not want to receive further publications.

Kia ora koutou katoa

Brought to you by Neighbourhood Trust;  
the community arm of St Albans Baptist Church  
[nht.org.nz](http://nht.org.nz) @NeighbourhoodTrust



Neighbourhood  
Trust

# Noteworthy News

Upcoming Events at Neighbourhood Trust

## Golden Connections

Social events and services for over 60 year olds.

Are you over 60 and would like some light entertainment and interaction with others your age?

Golden Connections is based at the McFadden Centre (64 McFaddens Rd) and provides a range of activities.

### Foot Clinic

#### Mondays, By Appointment

Foot Clinic provides a foot spa, nail cut and a relaxing foot massage. Bookings are essential so contact Don, as there are limited spaces.

Cost \$20

### June 9<sup>th</sup>, 1pm

#### Quiz

This month there are a couple of public holidays: King's Birthday (2<sup>nd</sup>) and Matariki (20<sup>th</sup>). Come along for a general knowledge quiz related to these themes. Cuppa and afternoon tea to finish.

Cost \$2

### July 7<sup>th</sup>, 12pm

#### Meal - Midwinter Christmas

Come in from the cold of winter and enjoy a heart-warming meal with a Christmassy theme. Dress up if you like. Numbers will be limited so you will need to book. Bookings close 3<sup>rd</sup> July.

Cost \$15

For bookings or a programme contact Don,

M: 027 956 9202

E: golden@nht.org.nz

### Strength & Balance

#### Fridays, 1pm - 2:30pm

Low impact, circuit class designed to improve your balance, strength and mobility whilst having fun! Cuppa & baking with some time to chat afterwards.

\$2 donation to cover costs.

### June 23<sup>rd</sup>, 1pm

#### Board Games

Come and play a range of board games. There's Rummikub, Scrabble, Bananagrams, and a bunch of other games if you're feeling adventurous. Cuppa and afternoon tea to finish.

Cost \$2

### July 21<sup>st</sup>, 1pm

#### Speaker - Lauren Moulton

Lauren is a Community Connector from The Loft at Eastgate, Christchurch. The Loft is a collaborative hub where agencies work together to remove barriers, ensuring people can easily access the care and support they need. Cuppa and afternoon tea to finish.

Cost \$2



Golden Meal on St Patrick's Day.

## Mairehau Neighbourhood Garden Update

### Thank you Christchurch Airport!

We are incredibly grateful to have received funding from Christchurch Airport Community Fund for a watering system at the Mairehau Neighbourhood Garden. Thank you very much to Christchurch Airport for helping us keep the Mairehau Neighbourhood Garden refreshed and healthy. Keep an eye out in our later editions of the Neighbourhood News to learn more about the installation of the new watering system.



## THE WHĀNAU CENTRE

Neighbourhood Trust community hub:

49 Nancy Ave, Mairehau

### CAP Money Course

Our next course will begin on **June 3<sup>rd</sup>** and run over four Tuesday evenings from **6:50-8:30pm**. They will be held at the Whanau Centre, 49 Nancy Avenue, Mairehau. To register, go to the CAP website: [www.capnz.org](http://www.capnz.org) and select 'Find a CAP Money Course'. Enter 8052.

Contact Jan,

E: [cdw@nht.org.nz](mailto:cdw@nht.org.nz) M: 027 710 0022



Neighbourhood Trust is based at :

64 McFaddens Rd, St Albans

### Game On!

Game On! seeks to support men by promoting active and involved fathers and provides a space to discuss the skills needed to be a better Dad. Our upcoming course will begin on the **16<sup>th</sup> of July** and run over six Wednesday evenings.

Contact Don,

E: [community@nht.org.nz](mailto:community@nht.org.nz) M: 027 956 9202

A special thank you to the funders of Neighbourhood Trust.



# Regular Neighbourhood Activities



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## WEEKLY

### GOLDEN ACTIVITY

#### ***Mondays - Time Varies***

Social events and services for over 60 year olds, including Foot Clinic, meals, trips, movies and much more. **Contact Don for a programme,**  
**M: 027 956 9202 E: golden@nht.org.nz**

### KAI SUPPORT

#### ***Wednesdays 12:30 - 2:30pm, Whanua Centre***

Kai Support is available for households in the local area who need some assistance. Visit **nht.org.nz** and click on "Request Kai Support".  
**Bookings Essential. Contact Sarah,**  
**E: operations@nht.org.nz M: 027 710 0042**

### STRENGTH & BALANCE CLASS

#### ***1pm every Friday, McFaddens Centre***

A low impact circuit class for ages 60+  
Finishes with a cuppa. \$2 donation.

**Contact Sarah,**  
**E: operations@nht.org.nz M: 027 710 0042**

## TERMLY

### CAP Money Course

A revolutionary, free money management course that teaches people budgeting skills and a simple, cash-based system that really works.

**Contact Jan for dates,**  
**E: cdw@nht.org.nz M: 027 710 0022**

### WOMEN'S CONNECTIONS

#### ***Tuesdays 12-2pm, Whanua Centre***

Each week we have a lot of fun together as we enjoy a simple meal, along with a creative activity, visiting speaker or outing. Come and join us! **Contact Jan,**  
**E: cdw@nht.org.nz M: 027 710 0022**

### MAIREHAU NEIGHBOURHOOD GARDEN

#### ***Thursdays 10am - 12pm, McFaddens Centre***

All are welcome to come and work in our garden. Check **Facebook @NHTGarden** for any changes to work times.  
**Contact Don,**  
**E: community@nht.org.nz M: 027 956 9202**

### OSCAR

#### ***Before & After School Care***

***Monday-Friday 7:30-9am & 3-6pm***

#### ***Holiday Programme***

***8am-5:30pm School Holidays***

**Contact Roana, E: childrens@nht.org.nz**

### Game On!

Parenting Course for Dads (6 weeks)  
Game On! seeks to support men by promoting active and involved fathers and providing a space to discuss the skills needed to be a better Dad.  
**Contact Don for dates,**  
**E: community@nht.org.nz M: 027 956 9202**