

August 2021

- Mon 2 Aug** Toasties @ 12pm with **Games/Crafts** @ 1pm (Koha/donation \$2)
- Weds 4 Aug** Pathways - 10.30am - Hymns, a message and prayers, followed by morning tea.
- Mon 9 Aug** Speakers - 1pm - Dietician "Healthy Eating, Healthy Aging" Afternoon tea to follow. \$2
- Mon 16 Aug** Foot Clinic by appointment. \$15. Bring a hand towel.
- Mon 23 Aug** Fun afternoon - 1pm Games, conversations and afternoon tea - Come along and get to know each other a little bit better. (Koha/donation \$2)
- Mon 30 Aug** Toasties @ 12.00pm with **Movie** @ 1.00pm (Koha \$2) "Neverwas" A psychiatrist, who gives up his academic career to work in a mental institution. He strikes up a friendship with an elderly schizophrenic and begins to make sense of his family's tragic past, his father's fantasy world and his place in both.

September 2021

- Weds 1 Sep** Pathways - 10.30am - Hymns, a message and prayers followed by morning tea.
- Mon 6 Sep** Foot Clinic by appointment. \$15. Bring a hand towel
- Mon 13 Sep** Meal at SABC - 12.00pm - \$10 per person. Booking essential
- Mon 20 Sep** Talent Show - 1pm. If you can tell a story, share some jokes, sing a song, dance or entertain, Book your slot with Dawn. Otherwise come & be the audience and join in the fun. Afternoon Tea to follow. (Koha/donation \$2)
- Mon 27 Sep** Foot Clinic by appointment. \$15. Bring a hand towel.




October 2021

- Mon 4 Oct** Garden Tour - Details to come (Register your interest with Dawn)
- Weds 6 Oct** Pathways - 10.30am - Hymns, a message and prayers followed by morning tea.
- Mon 11 Oct** Toasties @ 12pm with **Games/Crafts** @ 1pm (Koha \$2)
- Mon 18 Oct** Foot Clinic by appointment. \$15. Bring a hand towel.
- Mon 25 Oct** LABOUR DAY—No programme

November 2021

- Mon 1 Nov** Tour - Ferrymead Victorian House - tea/coffee & scones, \$15, bookings essential
- Weds 3 Nov** Pathways - 10.30am - Hymns, a message and prayers followed by morning tea.
- Mon 8 Nov** Foot Clinic by appointment. \$15. Bring a hand towel.
- Mon 15 Nov** Toasties @ 12.00pm with **Movie** @ 1.00pm (Koha \$2) "The Education of Little Tree" An orphaned eight-year-old Cherokee boy sent to live with his grandparents in Tennessee's Smoky Mountains during the 1930's .
- Mon 22 Nov** Speaker - To be confirmed
- Mon 29 Nov** Foot Clinic by appointment. \$15. Bring a hand towel.



Strength & Balance Classes -
 Every **Friday** - 1.00pm at
 McFaddens Centre. For more
 information contact Sarah on
 027 710 0042

Transport - If you live on your own in the community, in Mairehau or St Albans and need some assistance to get to anything on our programme, please contact Dawn

