



# Parenting Week 2019

Helping Whānau to Flourish



*at a glance...*

## Monday 09/09/2019

10am	<b>How to Support Kids Who Have Experienced Scary Things</b> Catherine Gallagher & Jo Bader - START	St Albans Baptist Church 64 McFaddens Rd St Albans
7.00pm	<b>Building Awesome Whānau</b> Pio Terei – The Parenting Place	Belfast Rugby Clubrooms 18 March Place, Belfast
7.30pm	<b>Improving Mental Health through Nature Play in the Early Years (0-6years)</b> Celia Hogan – Little Kiwi's Nature Play	Papanui Baptist Church Hall 144 Sawyers Arms Rd

## Tuesday 10/09/2019

11am–12noon	<b>Finding Peace After Losing a Baby</b> Pregnancy Centre	Pregnancy Centre 88 Idris Rd, Bryndwr
7.00pm	<b>Building Awesome Whānau</b> Pio Terei – The Parenting Place	Haeata Community Campus 240 Breezes Rd, Aranui
7.00pm	<b>Supporting Children with Anxiety</b> Anna Mowat & Dean Sutherland – All right?	Shirley Primary School 11 Shirley Rd
7.30pm	<b>OMG They're Teenagers</b> Dr Sue Bagshaw – Collaborative Trust	The Village Church, Bryndwr 365a Ilam Rd

## Wednesday 11/09/2019

9.30-12noon	<b>Money Mates</b> Julie Williams – Kingdom Resources	St Albans Baptist Church 64 McFaddens Rd St Albans
7.30pm	<b>Parent Time Management – how to achieve more by focusing on less</b> Karyn Riley – Riley Life	St Albans Baptist Church 64 McFaddens Rd St Albans
7.30pm	<b>The Perfectionist Child</b> Jenny Hale – The Parenting Place	Burnside Elim Church 193 Grahams Rd, Burnside



## Thursday 12/09/2019

7.00pm	<b>Open and Honest workshop with Family Planning Health Promotion</b> Akira Le Fevre - Health Promoter Family Planning	St John of God Waipuna, 349 Woodham Rd, Linwood
7.30pm	<b>The Strong-Willed Child</b> Jenny Hale – The Parenting Place	Youth Alive Trust Grace Vineyard Beach 111 Seaview Rd, N Brighton
7.30pm	<b>Human Teenagers Are Amazing Humans!</b> Amanda Staniford – Kids Life Academy	Papanui Youth Development Trust 1a Harewood Rd, Papanui

## Friday 13/09/2019

7.30pm	<b>Beyond Blame: Coping with Parent-Adolescent Conflict</b> Chris Bowden – Victoria University Wellington	St Albans Baptist Church 64 McFaddens Rd, St Albans
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## Saturday 14/09/2019

10am – 1pm	<b>Parenting Expo</b> Youth Alive Trust	Youth Alive Trust Grace Vineyard Beach 111 Seaview Rd, N Brighton
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## Monday 16/09/2019

7pm	<b>Menstrual Well-being: Let's talk about it!</b> Erin Enright – Collaborative Trust	Chch Bridge Club 21 Nova Place Riccarton
7pm	<b>Building our Kid's Resilience</b> Anna Mowat & Dean Sutherland – All right?	Hope Presbyterian Church, 27 Amyes Rd Hornby
7.30pm	<b>Avoiding the Blended Blowout!</b> Amanda Staniford – Kids Life Academy	Youth Alive Trust Grace Vineyard Beach 111 Seaview Rd, N Brighton

## Tuesday 17/09/2019

7pm	<b>Internet Health and Wellbeing</b> John Parsons	St Albans Baptist Church 64 McFaddens Rd St Albans
7pm	<b>Empowering Our Young People with Mike King</b> Mike King hosted by Selwyn Parenting Network	Rolleston College 631 Springston Rolleston Rd Rolleston
7pm	<b>Money Mates</b> Julie Williams – Kingdom Resources	Kingdom Resources Addington Mall 300 Lincoln Rd
7.30pm	<b>Building Resilience &amp; Responding to Anxiety: Positive Behaviour Tips and Techniques</b> Tim Heidmann – RTLB	Clarkville Primary School 10 Heywards Rd Clarkville



## Wednesday 18/09/2019

10am–12noon	<b>Weaving Harakeke for Beginners</b> Te Puawaitanga Ki Otautahi Trust	153 Gilberthorpes Rd Hei Hei
7.30pm	<b>Love in a Lunchbox</b> Jax Hamilton – Jax Food Hax	St Albans Baptist 64 McFaddens Rd St Albans
7.30pm	<b>Stress and Children</b> Liz McNaughton	St Francis of Assissi School 380 Innes Rd, Mairehau
7.30pm	<b>CliftonStrengths Based Parenting Seminar</b> Emma Chivers & Rachel Sangster	South West Baptist Church 244 Lyttelton St, Spreydon

## Thursday 19/09/2019

1pm – 3pm	<b>Pregnancy Help Canterbury Open Day</b>	Pregnancy Help Canterbury 95 Hawke St, NBrighton
3pm	<b>Building Well-being in the Transition to Parenthood</b> Pregnancy Help Canterbury	Pregnancy Help Canterbury 95 Hawke St, NBrighton
7pm	<b>Brainwave Trust - Nuture Your Tamariki</b> Jim Sole	City East Church 110 Shortland St, Wainoni
7.30pm	<b>Mental Health and your Teenager – What can parents do?</b> Michael Hempseed – Collaborative Trust	Village Church Papanui 460 Papanui Rd, Papanui
7.30pm	<b>Transforming Your Teenagers into Confident, Successful Graduates</b> Tracey Beard – Career Matters	Queenspark School Hall 222 Queenspark Dr

Tickets available from Dash Tickets: [www.dashtickets.co.nz/tour/1019](http://www.dashtickets.co.nz/tour/1019)



Parenting Week is brought to you by Neighbourhood Trust with funding support from the following:



With special thanks to Papanui-Innes,  
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